

Lap Swim and Water Walking Guidelines

Lap Swimmers should swim in the lap lanes for the safety of the swimmer and other members. During busy times lap swimmers are given preference to have the lanes during lap swim times, since lap swimmers are typically not looking in front of them while swimming and water walker can see where he or she is going at all times.

Lap swimmers are advised to share lanes by doing circle swim or splitting the lane.

1. When a lap swimmer enters the lane with another swimmer he/she should make the other swimmer aware that the lane will be shared.
2. While lap swimming please be mindful where you are in the lane. If sharing the lane you cannot swim down the middle of the lane, you must be on the left or right side of the lane.
3. When choosing a lane to swim in, you should choose a lane where the swimmer is swimming the same pace as you.

Water walkers are advised to use the 2 lanes near the stairs when lap swim is busy. If a water walker gets into a lane and water walks then a lap swimmer joins him/her in the lane the water walker can stay in the lane, but cannot complain if there is splashing from the lap swimmer.

Individuals who are in the pool and not water walking during lap and water walking times are advised to stay near the wall closest to the steps to avoid interrupting the workout of water walkers and lap swimmers.

